

# As seen in... Psychology Today

January/February 2014 Issue



## BEST IN TREATMENT 2014

Psychology Today

Treatment and Program Guide  
2014 EDITION

### Balance Treatment Center

Calabasas, CA

PHONE: (855) 414-8100, WEBSITE: [www.BalanceTreatmentCenter.com](http://www.BalanceTreatmentCenter.com)



**Distinction:** Licensed mental health program; individual psychotherapy 5 times a week; adult and adolescent programs

**Beds:** 6

**Gender:** Both

**Age:** Adults 18+ and 12–17 adolescent program

**Detox:** No

**Sliding Scale:** No

**Insurance:** Yes

**Hospital Affiliated:** No

**Average Stay:** 30–90 days

**Price:** Residential starting at \$45,000 for 30 days; Outpatient starting at \$10,800 for 8 weeks

**Treatment Focus:** Mental health and co-occurring disorders

#### Program at a glance:

Balance Treatment Center is a luxurious licensed mental health rehabilitation center offering the most comprehensive program for those struggling with mental health issues or co-occurring disorders. Founder Ronald D. Sager, M.D., has created a program using his extensive psychoanalytic background to provide integrated care for complex issues by taking an in-depth and evidence-based approach to persistent struggles. The Balance model for long-term recovery and stability addresses the four cornerstones of a healthy experience: emotional, social, educational, and physical. Balance Day Treatment programs offer the same comprehensive approach for adults and adolescents in an intensive outpatient setting.